

Blue Springs

City Summary

Blue Springs is the second largest city in Eastern Jackson County (EJC), with an estimated population of 59,965 people in 2024 (+9.3% from 2019). Although adults in Blue Springs are in the bottom 25% of EJC cities for arthritis and high blood pressure prevalence, Blue Springs also has a poverty rate below the EJC average.

HOW TO READ THIS CITY REPORT

The figures in this report are ranked by percentile and marked as follows:

- Value in the highest 25% of EJC communities
- Value in the middle 50% of EJC communities
- Value in the lowest 25% of EJC communities

SOURCES & MORE

Find definitions and full data for each city in Eastern Jackson County at jcphe.org/data

U.S. Census Bureau. American Community Survey, ACS 5-Year Estimates, 2020-2024.
<https://data.census.gov>

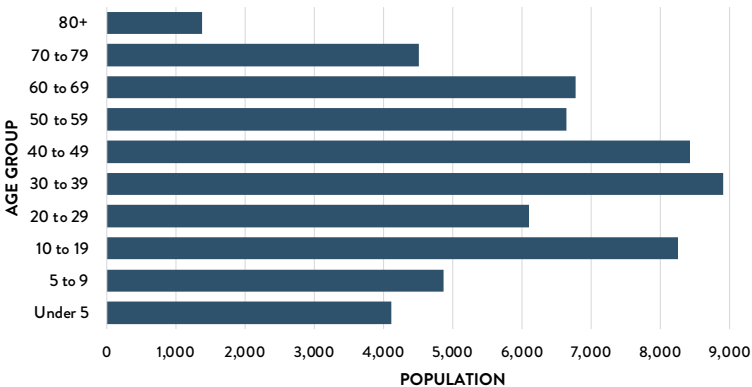
Missouri Department of Health and Senior Services. Life Expectancy. 2014-2023.
<https://health.mo.gov/data/lifeexpectancy/>

Center for Disease Control and Prevention. Places: Local Data for Better Health; 2025.
<https://www.cdc.gov/places>

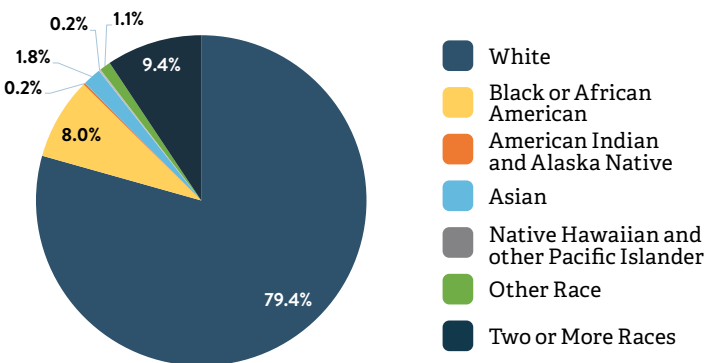
Demographics

CATEGORY	Blue Springs	EJC
Population	59,965	283,133
Median Age	36.6 yrs	n/a
Disability	11.8% 	12.2%
Veterans	8.4% 	7.5%
Speak non-English language at home	4.9% 	6.0%

Blue Springs Population by Age, 2024

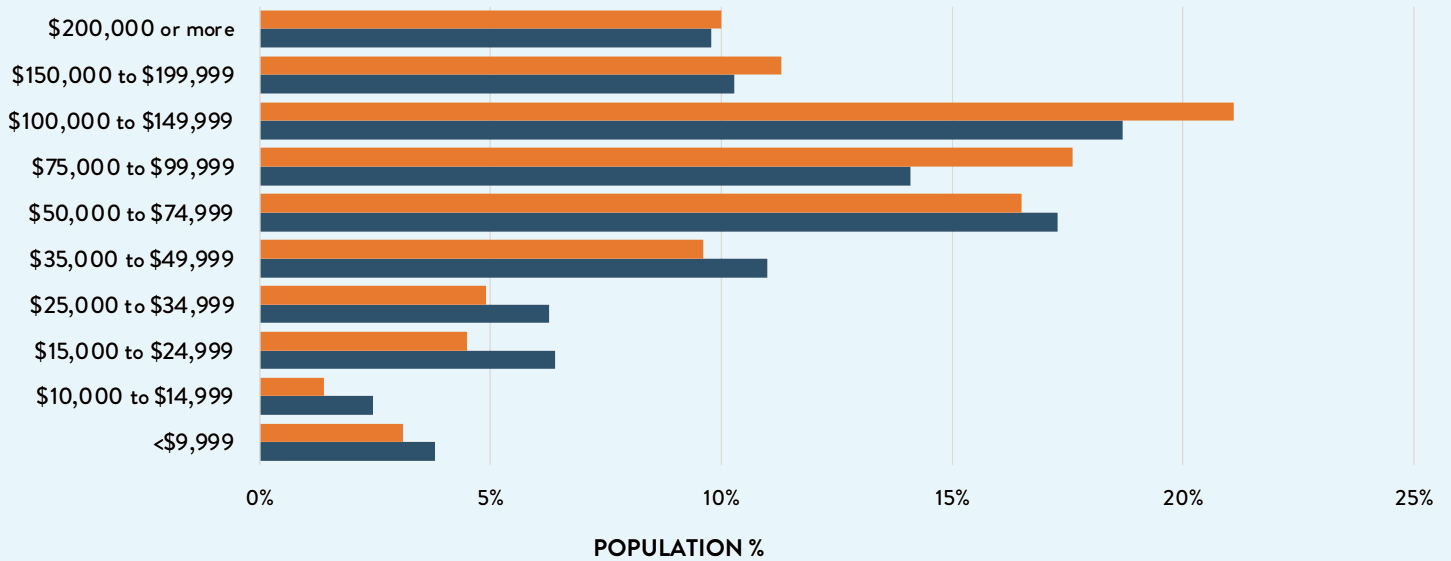


Blue Springs Population by Race, 2024



Socioeconomics

INCOME BRACKETS, BLUE SPRINGS VS. EJC



INCOME	Blue Springs		EJC
Median	\$88,920	●	\$81,469
Mean	\$110,806	●	\$95,852

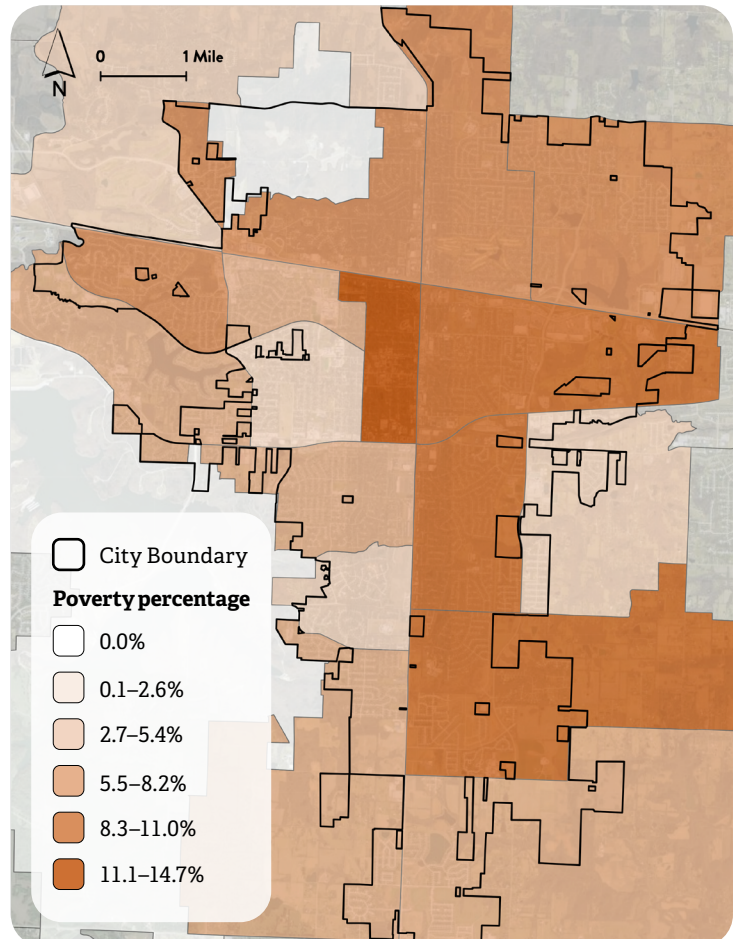
CATEGORY	Blue Springs		EJC
Poverty	7.0%	●	8.4%
Unemployed	3.5%	●	3.8%
Uninsured (Health)	7.0%	●	7.4%

Cost Burdened

A household is considered cost-burdened when it spends more than 30% of its gross income on housing costs

Renters	37.3%	●	38.5%
Owners	15.3%	●	18.3%

POVERTY BY CENSUS TRACT



Health

HEALTH RISK BEHAVIORS

Blue Springs

EJC

Binge Drinking	18.9%		17.9%
Current Smoking	14.6%		14.2%
Physical Inactivity	26.6%		26.9%
Sleep Less Than 7 Hours Nightly	33.1%		32.9%

HEALTH OUTCOMES

Blue Springs

EJC

Arthritis	25.9%		26.5%
Asthma	10.3%		10.2%
High Blood Pressure	32.2%		33.3%
Cancer	8.0%		8.2%
High Cholesterol	38.4%		38.7%
COPD	6.6%		6.7%
Coronary Heart Disease	5.5%		5.8%
Diabetes	9.9%		10.5%
Depression	26.7%		25.5%
Obesity	34.3%		34.2%
Stroke	3.0%		3.2%
All Teeth Loss	11.4%		11.1%

HEALTH STATUS

General Health

Prevalence of fair or poor health among adults 18 and older

Blue Springs	17.9%	
EJC	18.3%	

Mental Health

Prevalence of not good mental health days for greater than or equal to 14 days within the past 30 days among adults 18 and older

Blue Springs	18.7%	
EJC	17.9%	

Physical Health

Prevalence of not good physical health days for greater than or equal to 14 days with the past 30 days among adults 18 and older

Blue Springs	12.9%	
EJC	12.9%	

Social Needs

Blue Springs

EJC

Social Isolation	<i>Feeling socially isolated among adults</i>		31.9%	31.4%
Food Stamps	<i>Received food stamps in the past 12 months among adults</i>		8.4%	8.9%
Food Insecurity	<i>Food insecurity in the past 12 months among adults</i>		12.0%	12.4%
Housing Insecurity	<i>Housing insecurity in the past 12 months among adults</i>		11.9%	12.1%
Utility Services Threat	<i>Utility services threat in the past 12 months among adults</i>		8.4%	8.6%
Transport Barriers	<i>Lack of reliable transportation in the past 12 months among adults</i>		7.6%	7.7%
Lack of Social / Emotional Support	<i>Lack of social/emotional support in the past 12 months among adults</i>		21.1%	21.1%

Life Expectancy

JACKSON COUNTY LIFE EXPECTANCY OVERVIEW

BLUE SPRINGS LE at Birth

64014	77.5 years	
64015	78.3 years	
64029	79.2 years	
64064	82.0 years	
EJC Average	78.0 years	
White only	78.4 years	
Black only	73.8 years	
USA Average	78.4 years	

