

# Tick Removal Guide

Use clean, fine-tipped tweezers to grab the tick as close to the skin as possible

Pull up and away from the skin with steady, even pressure. Don't twist or jerk the tick; this may cause the mouth to detach. If that happens, remove the mouth with tweezers. If you can't remove the mouth easily, leave it be and let the skin heal.

After removing the tick, clean the bite area and your hands thoroughly with rubbing alcohol or soap and water. - consider rewording and put "if the head is in... sentence" after cleaning instructions.

**Never** crush a tick with your fingers. Dispose of a tick by

- Putting it in alcohol

- Placing it in a sealed bag or container

- Wrapping it tightly in tape, or

- Flushing it down the toilet.

Tell a medical professional about a recent tick bite!

- When the bite occurred, where you most likely acquired the tick.

[https://www.cdc.gov/ticks/pdfs/FS\\_TickBite-508.pdf](https://www.cdc.gov/ticks/pdfs/FS_TickBite-508.pdf)

Tick spoons?! - You can get them at walmart. Will include - \$4 at petco.