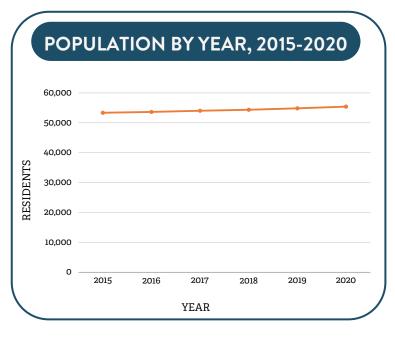
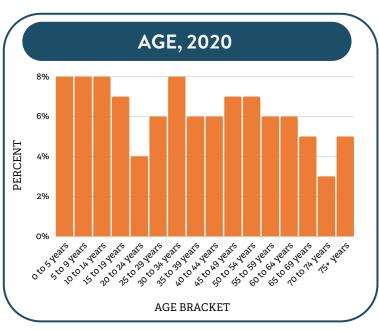


# City Summary: Blue Springs

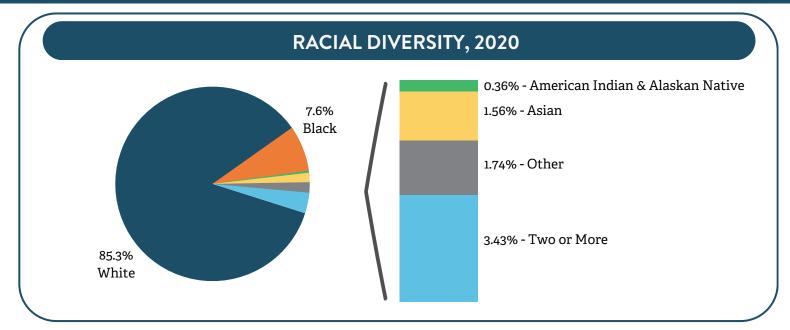
- According to the 2016-2020 population estimates, 55,415 residents live within Blue Springs as of 2020.
- There was an 3.84% increase in population from 2015 to 2020
- Blue Springs is comprised of 52% male and 48% female residents.
- Racial demographics in Blue Springs are as follows: 85% White;
   7.6% Black; 3.43% Two or More Races; 1.74% Other; 1.56% Asian;
   0.36% American Indian & Alaskan Native.
- Of those residents, 6.5% also identify as Hispanic or Latino.
- Five percent of households reported speaking a language other than English at home.
- Veterans make up 10% of the Blue Springs population and 18% of those veterans have at least one disability.
- 1 in 10 residents of Blue Springs have a disability.
- Half of the population with disabilities face ambulatory difficulty.

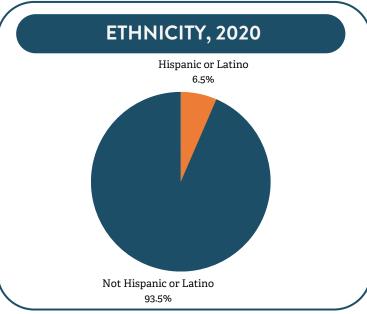


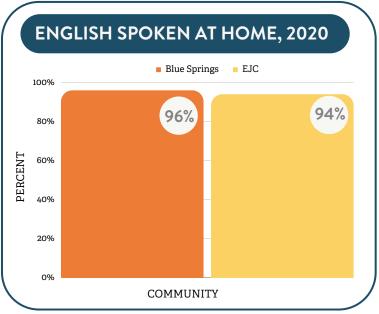


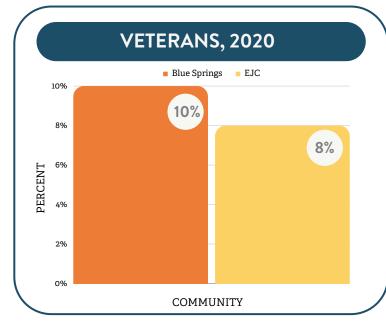


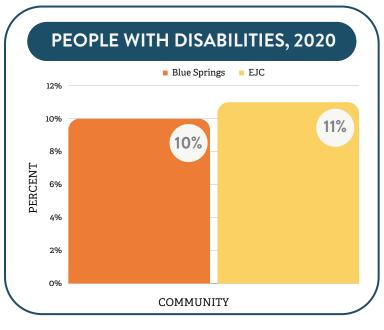
# **DEMOGRAPHICS CONTINUED**





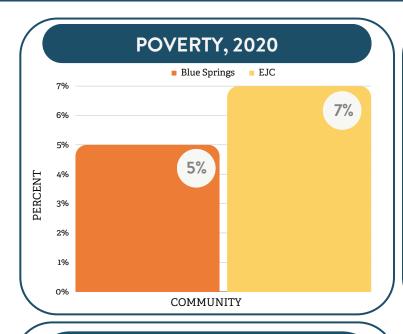


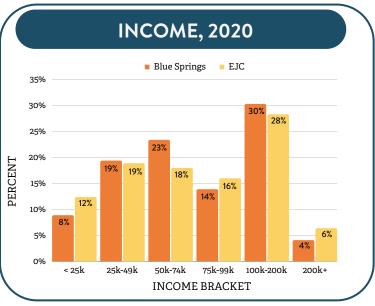




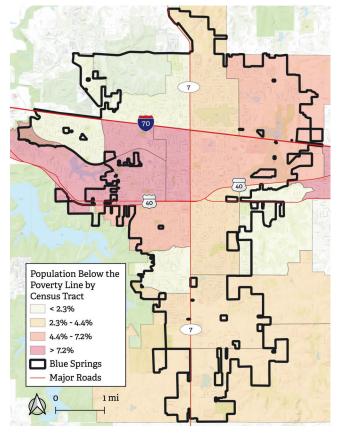


# SOCIOECONOMICS





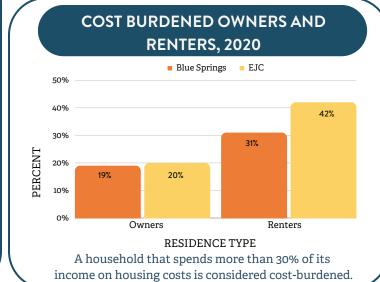
#### POPULATION LIVING BELOW THE POVERTY LINE IN BLUE SPRINGS, 2020



City boundaries and US Census Tracts do not always line up which causes inconsistencies as seen above.

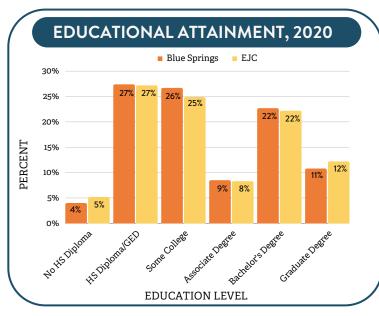
# PEOPLE WITH HEALTH INSURANCE, 2020 Blue Springs EJC 100% 93% 93% 20%

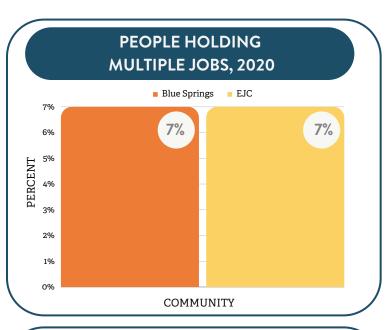
COMMUNITY

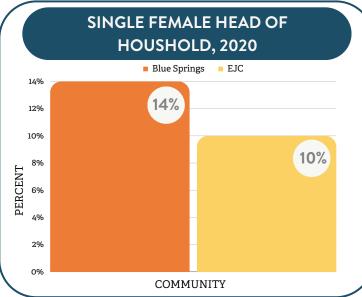


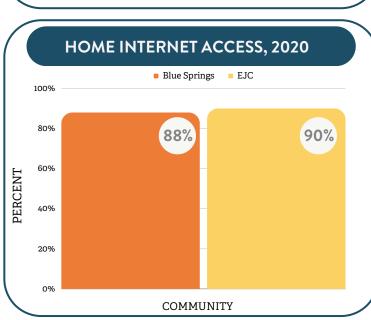


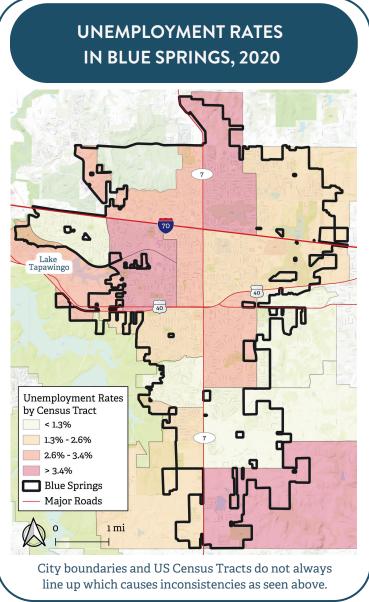
# SOCIOECONOMICS CONTINUED



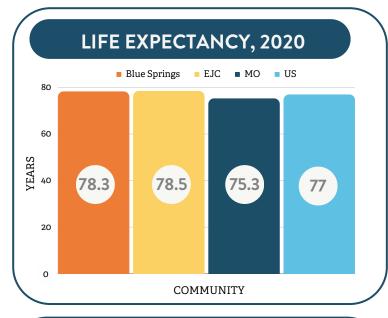


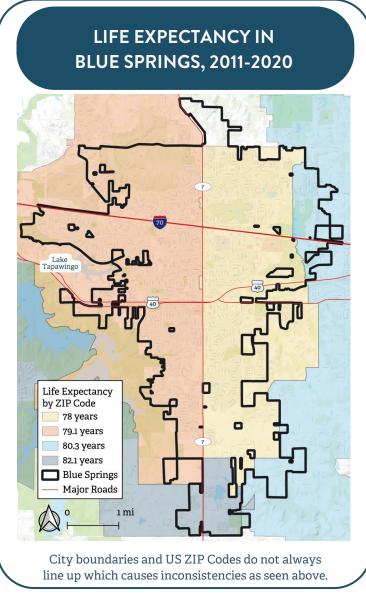






# **HEALTH OUTCOMES**





LIEALTH OUTCOME PREVALENCE 2022	
HEALTH OUTCOME PREVALENCE, 2023  HIGHER THAN EJC	
	BLUE SPRINGS EJC
ARTHRITIS	23% 25%
ASTHMA	10% 10%
HIGH BLOOD PRESSURE	29% 32%
CANCER	6% 7%
HIGH CHOLESTEROL	33% 34%
KIDNEY DISEASE	2% 3%
COPD CHRONIC OBSTRUCTIVE PULMONARY DISEASE	6% 7%
HEART DISEASE	5% 6%
DIABETES	8% 10%
DEPRESSION	23% 23%
OBESITY	35% 36%
STROKE	2% 3%
ALL TEETH LOST	12% 14%



# **HEALTH RISK BEHAVIORS**

"Health behaviors are health-related practices, such as diet and exercise, that can improve or damage the health of individuals or community members. Health behaviors are determined by the choices available in the places where people live, learn, work and play."

~County Health Rankings, 2023

# HEALTH RISK BEHAVIORS PREVALENCE, 2023

BLUE SPRINGS EJC 22% 21% 16% 18%

**Current Smoking** 

Binge Drinking

Physical Inactivity

20%

22%

Sleep Less than 7 hours

36%

37%



# **HEALTH STATUS, 2023**

#### **GENERAL HEALTH**

Prevalence of fair or poor health among adults 18 and older

14%

**BLUE SPRINGS** 

16%

EJC

#### MENTAL HEALTH

Prevalence of not good mental health days for greater than or equal to 14 days within the past 30 days among adults 18 and older

18%

**BLUE SPRINGS** 

18%

FJC

#### PHYSICAL HEALTH

Prevalence of not good physical health days for greater than or equal to 14 days with the past 30 days among adults 18 and older

11%

**BLUE SPRINGS** 

12%

**EJC** 



# COMMUNITY HEALTH ASSESSMENT Survey Results: Blue Springs

The Community Health Assessment (CHA) Survey was randomly distributed to Eastern Jackson County (EJC) households (based on ZIP Code) in Spring 2023. The response rate for Blue Springs was 7.8% while the overall response rate for EJC was 7%. The results that follow are representative of the respondents from Blue Springs who took the survey.

Respondents identified as 64% female, 29% male, and 7% non-binary, other, or woman/man. When looking at respondents by age range, 13.99% were 17-34, 23.32% were 35-45, and 53.37% were 55 or older. Racial diversity among respondents showed 1.04% Asian, 3.11% Black, 1.55% Latino, 3.63% Two or More, 82.38%White, 0.52% Other, and 5.18% Prefer Not to Say.

# **CHA SURVEY: COMMUNITY SATISFACTION**

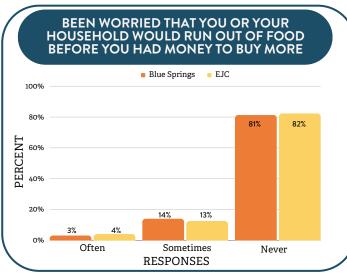
CHA Survey respondents were asked to rate their level of agreement from "Strongly Agree" to "Strongly Disagree" with statements related to qualities of their community. These eight factors are shown in the figure below. Rates show the percentage of respondents who indicated that they either "Agree" or "Strongly Agree".

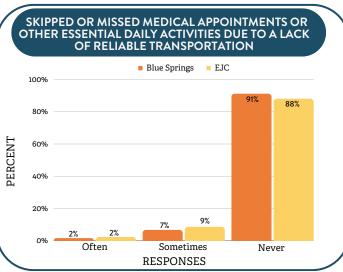


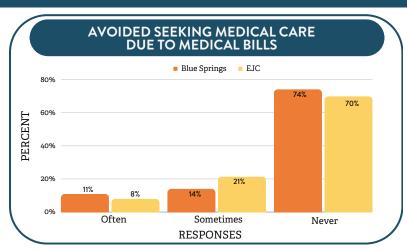
## **CHA SURVEY: MY HEALTH RESPONSES**

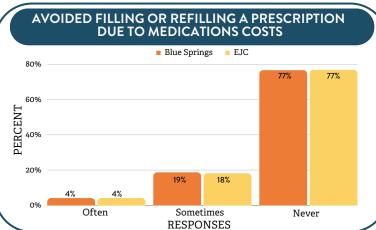
CHA respondents were asked about a variety of health related experiences within the last 12 months and given the responses "Often", "Sometimes", and "Never".

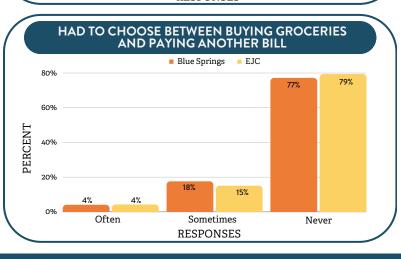
Question: In the past 12 months, have you ever...











# **CHA SURVEY: OVERALL HEALTH RATING**

CHA respondents were asked to rate their general overall health and given the following options: Poor, Fair, Good, Very Good, and Excellent. The CHA participants self-reported health rating can be found below.

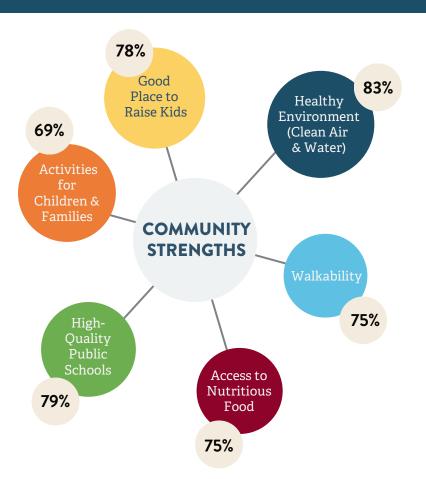
EXCELLENT/ VERY GOOD

47%

37%

FAIR/POOR 14%

#### **CHA SURVEY: COMMUNITY STRENGTHS**



CHA Survey respondents were asked to rate a list of potential community strengths using the options "Not a Strength," "Slight Strength, "Moderate Strength, "Significant Strength," or "I don't know."

The diagram to the left shows the top six strengths identified by survey respondents. Rates show the percentage of respondents who selected either "Moderate Strength" or "Significant Strength."

# **CHA SURVEY: COMMUNITY CONCERNS**

CHA Survey respondents were also asked to rate a list of potential community concerns using the options "Not a Problem," "Slight Problem," "Moderate Problem," "Significant Problem," or "I don't know."

The diagram to the right shows the top six concerns identified by survey respondents. Rates show the percentage of respondents who selected either "Moderate Problem" or "Significant Problem."



# POLICY PERSPECTIVES

Listed below are 9 policy areas established by CityHealth to mark a community's "progress in adopting evidence-based policy solutions that will help them provide access for everyone to have a safe place to live, a healthy body and mind, and a thriving environment."

Community support for these policies was collected using the 2023 CHA Survey.



Policy in Place



Related Policy in Place



No Policy in Place

#### **COMPLETE STREETS**

Focuses on street lighting, landscaping, sidewalk quality and coverage, traffic calming measures, and connectivity of pedestrian walkways, bike lines, and crosswalks.



81%

CITY SUPPORT-CHA SURVEY

#### FLAVORED TOBACCO RESTRICTIONS

Limit which flavored tobacco products can be sold as companies market certain flavors at young people.



54%

CITY SUPPORT-CHA SURVEY

#### **ECO-FRIENDLY PURCHASING**

Helps to reduce or end the purchasing of products with toxic chemicals for city buildings.



72%

CITY SUPPORT-CHA SURVEY

#### SAFER ALCOHOL SALES

Can range from licensing to zoning changes – in which cities can specify the number, density, and location of alcohol outlets in a given area



46%

CITY SUPPORT-CHA SURVEY

#### **HEALTHY RENTAL HOUSING**

Ensure minimum safety standards and provide avenues for tenants to have recourse when their landlords do not meet these safety standards.



79%

CITY SUPPORT-CHA SURVEY



# **POLICY PERSPECTIVES**

#### **SMOKE-FREE INDOOR AIR**

Prohibits smoking in indoor spaces and designated public areas. Cities can choose whether to include marijuana use.



74%

CITY SUPPORT-CHA SURVEY

#### LEGAL SUPPORT FOR RENTERS

Ensures that tenants have access to legal representation during eviction proceedings.



55%

CITY SUPPORT-CHA SURVEY

#### **ACCESSIBLE PRE-K**

Provides early education experiences to all families within a jurisdiction, regardless of their ability to pay.



79%

CITY SUPPORT-CHA SURVEY

#### **GREENSPACE\***

Work to ensure access to open spaces including walking trails and public parks.



67%

CITY SUPPORT-CHA SURVEY

\*Blue Springs has denoted a plan for increased greenspace in strategic planning documents but does not have a formal ordinance.

# **SOURCES**

#### **DEMOGRAPHICS & SOCIOECONOMICS**

US Census Bureau. ACS. American Community Survey, 5-Year Estimates. US Census Bureau. https://data.census.gov/

ACS 5-Year Estimate Ranges for Population Graph:

2011-2015 (2015), 2012-2016 (2016), 2013-2017 (2017),

2014-2018 (2018), 2015-2019 (2019)

All 2020 data from the 2016-2020 ACS 5-Year Estimates.

Missouri Department of Health and Senior Services. Life Expectancy. 2021. https://health.mo.gov/data/lifeexpectancy/

## HEALTH OUTCOMES, HEALTH RISK BEHAVIORS, & HEALTH STATUS

Center for Disease Control and Prevention. Places: Local Data for Better Health; 2023. https://www.cdc.gov/places

#### **POLICY PERSPECTIVES**

CityHealth. 2023. https://www.cityhealth.org/ Jackson County Public Health. 2023. https://jcph.org/ Policy Map. 2023. https://www.policymap.com/

#### COMMUNITY HEALTH ASSESSMENT SURVEY RESULTS

Jackson County Public Health. 2023. https://jcph.org/