

Community
Health Services Provided
By



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Communicable Disease
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Monday, December 19, 2022

The Centers for Disease Control and Prevention (CDC) has issued guidance for discontinuing home isolation for people who have or are suspected to have had novel coronavirus, also called COVID-19.

5-day isolation

- Individuals who have either tested positive for COVID-19 or are suspected to have COVID-19, home isolation may be discontinued when the following conditions are met:
 - If symptomatic:
 - At least 5 days have passed since your symptoms first appeared, and
 - Other symptoms have improved (for example, when your cough or shortness of breath have improved), and
 - You will wear a mask around others for 5 additional days
 - If asymptomatic:
 - At least 5 days have passed since the date of your positive COVID-19 diagnostic test, assuming you have not subsequently developed symptoms since your first test.
 - If you develop symptoms, then the symptom-based strategy for discontinuing home isolation should be used.
 - You will wear a mask around others for 5 additional days

The Centers for Disease Control and Prevention (CDC) has issued guidance for individuals who have come in contact with persons who have contracted novel coronavirus, also called COVID-19.

The CDC no longer recommends quarantine for individuals exposed to a person infected with COVID-19.

Persons who have had recent confirmed or suspected exposure to an infected person should wear a mask for 10 days around others when in indoor public settings and should receive testing on or after day 5 of exposure, irrespective of vaccination status. If you develop symptoms within the 10 days of exposure, you should

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isolate immediately and seek new testing to determine if you are positive for COVID-19.

The Jackson County Health Department COVID-19 testing clinics list can be found on the health department website:

<http://jaco hd.org/events>.

It is critical for individuals to stay home when they have symptoms of COVID-19. Individuals who are sick should stay home, separate themselves from others, monitor their health, and follow directions from local healthcare providers.

If you have any questions about COVID-19, feel free to contact the Jackson County Health Department at 816-404-9898.

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