

*Learning about sexual health does not end at the completion of the course.* Continue the conversation with your student at home. Help your student *be proud, be responsible, and be safe.*

To learn more about how your youth can participate in *Making Proud Choices!*, please contact the program coordinator:

**Aviance Webb**  
(816) 404-6492  
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*A collaborative program between the Jackson County Health Department and Missouri Department of Health and Senior Services*



MAKING  
**PROUD CHOICES!**  
SEX ED WHAT TEENS SHOULD KNOW



(816) 404-6415  
www.JACOHD.org

**JACKSON COUNTY  
HEALTH DEPARTMENT**

AN INTRODUCTION  
**FOR PARENTS** >>>

**All classes are FREE**

Plus, snacks will be served, and students may win giftcards, prize packs, and more.



## WHO IS THIS CLASS FOR?

The class is geared towards 11-18-year-olds. The class is open to all genders, as well as to LGBTQ youth. It provides a safe space for youth to ask questions, share their knowledge, and gain new information on how to keep themselves safe and prepared in their relationships.

- Youth Only!
- All Genders
- All Sexualities

## WHY DOES MY STUDENT NEED THIS?

This class focuses on the health impacts of sex. Youth will learn how sex can impact their lives, as well as learn how to speak with their partner, parent/guardian, and healthcare provider on topics concerning sexual activity, STDs, pregnancy prevention, and consent.



## WHO IS TEACHING THE CLASS?

The class is taught by Program and Policy Specialists who are employed by the Jackson County Health Department. Our staff have been trained to teach this course by the Missouri Department of Health and Senior Services. Our staff also attend multiple adolescent health trainings each year to explore a wide array of youth-centered topics, as well as stay up-to-date on existing and emerging health concerns and trends in Jackson County and nationally.

**Program Coordinator | Aviance** is a Program and Policy Specialist currently pursuing her Master's in Public Health with a concentration in Health Promotion and Policy. She has a passion for developing policies and programs, with a strong core of community engagement, tailored to meet the needs of women, children, and adolescents alike. In her spare time, she enjoys reading, cooking, watching documentaries, and spending quality time with her dog.

## WHY IS THIS IMPORTANT FOR ALL GENDERS?

This class will teach students the steps they should take to keep themselves healthy, as well as introduce them to what steps their partners may take. Additionally, this class will help students gain the confidence to speak openly with their partners to discuss safety and prevention methods.

## WHAT WILL BE COVERED IN THE CLASS?

- STD facts
- HIV and AIDs facts
- Feeling confident in choice to have or not have sex
- Birth control options
- Importance of using condoms (including a condom demonstration)
- Consent language
- Relationships and technology – what does safe and respectful communication look like?